

## Physical Medicine

Physical Medicine includes diagnostic and therapeutic procedures developed by doctors of oriental medicine, M.D. physiatrists, chiropractors, osteopaths, physical therapists and massage therapists. Diagnoses through orthopedic and neurological testing, as well as more sensitive evaluation involving touch by skilled professionals provides the strategic basis for therapy. Therapeutic procedures include massage, acupressure, myofascial release, neuromuscular therapy, trigger point therapy, visceral manipulation and the manipulation and optimization of the spine and joints. A skilled professional using these procedures can often help a patient avoid surgical intervention, and this is especially true if the above Physical Medicine procedures are combined with Injection Therapy such as Prolotherapy, Trigger Point Injection Therapy and Neural Therapy.